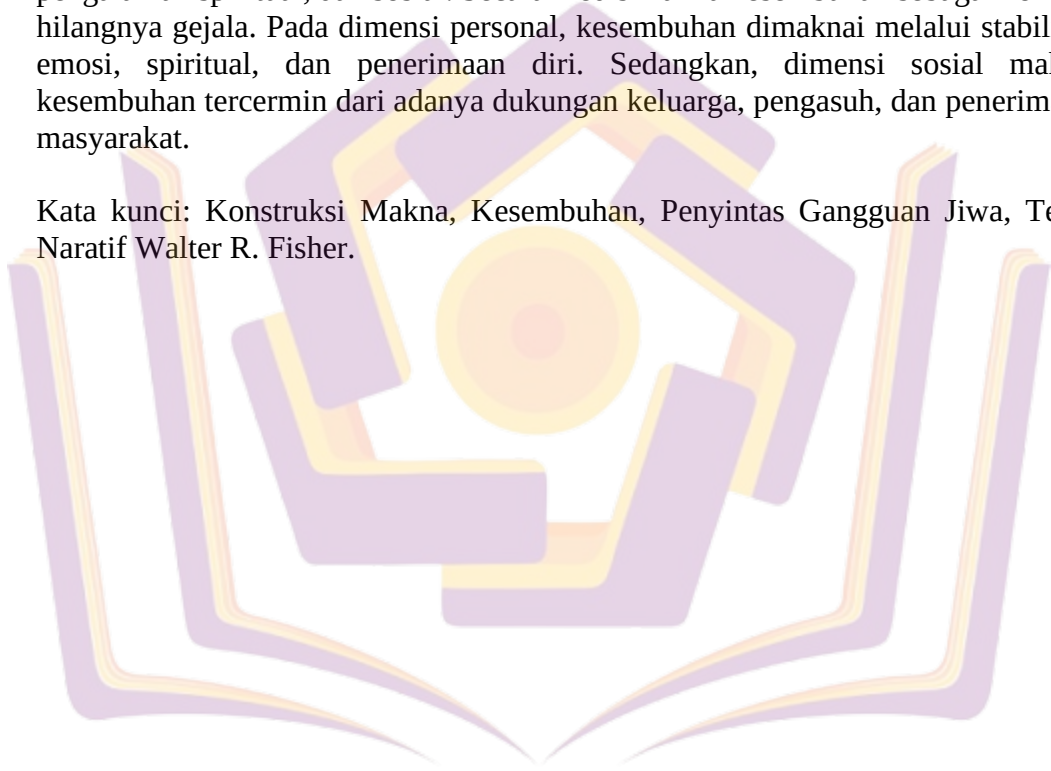


ABSTRAK

Penelitian ini bertujuan untuk mengeksplorasi makna kesembuhan yang dikonstruksi oleh penyintas gangguan jiwa, keluarga, dan pengasuh di Yayasan Al Hidayatul Islamiyah Munawiri, Temanggung serta masyarakat, mahasiswa psikologi, dan mahasiswa ilmu kesejahteraan sosial. Penelitian ini menggunakan pendekatan kualitatif deskriptif dengan teori naratif dari Walter R. Fisher. Data diperoleh melalui wawancara mendalam terhadap 11 informan, dan validasi data menggunakan teknik *member check* dari mahasiswa psikologi, dan mahasiswa ilmu kesejahteraan sosial. Hasil penelitian menunjukkan bahwa makna kesembuhan tidak hanya bergantung pada pendekatan medis, tetapi juga dapat terbentuk melalui pengalaman spiritual, dan sosial. Secara medis makna kesembuhan sebagai kondisi hilangnya gejala. Pada dimensi personal, kesembuhan dimaknai melalui stabilitas emosi, spiritual, dan penerimaan diri. Sedangkan, dimensi sosial makna kesembuhan tercermin dari adanya dukungan keluarga, pengasuh, dan penerimaan masyarakat.

Kata kunci: Konstruksi Makna, Kesembuhan, Penyintas Gangguan Jiwa, Teori Naratif Walter R. Fisher.



ABSTRACT

This study aims to explore the meaning of healing as constructed by survivors of mental illness, their families, caregivers, and community members at the Al Hidayatul Islamiyah Munawiri Foundation in Temanggung, as well as by psychology, and social welfare students. This study employed a descriptive qualitative approach, drawing on Walter R. Fisher's narrative theory. Data were obtained through in-depth interviews with 11 informant, and validated using member checking techniques with psychology, and social welfare students. The results suggest that the meaning of healing is not solely dependent on a medical approach, but can also be shaped through spiritual, and social experience. Medically, healing is defined as the disappearance of symptoms. Personally, healing is characterized by emotional, and spiritual stability, as well as self-acceptance. Meanwhile, spiritual dimension of healing is reflected in the support of family, caregivers, and community acceptance.

Keywords: Construction of Meaning, Healing, Survivors of Mental Illness, Walter R. Fisher's Narrative Theory.

